

## How much does it cost?

### *Prior to the deadline:*

**\$40.00 per couple per session**

### *After the deadline:*

**\$50.00 per couple per session**

## What is include?

The registration fee covers all program costs, materials, and Continental Breakfast.

## What are the times?

Each session begins promptly at 9:00 a.m. and ends at 12 noon.

## Where does the program take place?

*Sessions are typically held  
in St. Petersburg*

## What if we have to postpone?

Keep in mind we incur expenses in advance of each session for which you are registered. To cover these costs, a **\$20 fee** is imposed each time the following applies:

- ◆ Postponement is received **less than 7 days** prior to the confirmed session.
- ◆ A couple is a no-show and wishes to reschedule.

## What if we want to cancel?

- ◆ A full refund can be issued providing notice is received **in writing 7 or more days** before the first scheduled session.

## *Other Marriage Enrichment Opportunities*

**Worldwide Marriage Encounter** – Is an enrichment experience intended for married couples who are looking to *be the best, most loving and thriving couple they can be. Uncover the secrets to a lasting, supportive marriage by learning how to listen, share, and bond more deeply. This is a wonderful opportunity to spend private time together as you pause, reflect, and reconnect.*

To access the Tampa Bay Marriage Encounter web site, go to:

[www.flwc-wwme.org/](http://www.flwc-wwme.org/)

Additional information is available on the national Marriage Encounter web site at:

[www.wwme.org](http://www.wwme.org)

**Retrouvaille** – *Is a program for married couples facing difficult challenges in their relationship. Are you frustrated, hurt or angry with your spouse? Do you have trouble communicating? Are you constantly fighting? Have you thought about separation or divorce? If you answered "yes" to any of these questions...Retrouvaille is a lifeline that can provide the help you need. No marriage is beyond hope! For more information, go to their website at:*

[www.helpourmarriage.org](http://www.helpourmarriage.org)

**For Your Marriage** – *This web site provides educational and spiritual resources to help couples at all stages of life to understand and live God's plan for happy, holy marriages. This resource was launched as part of the National Pastoral Initiative for Marriage, by the United States Conference of Catholic Bishops in order to communicate the meaning and value of married life for the Church and for society.*

[www.foryourmarriage.org](http://www.foryourmarriage.org)

# *Marriage Enrichment 2025*

*Half-day enrichment  
opportunities for  
married couples*



*Office of Marriage & Family Life  
Diocese of St. Petersburg*

Married couples are often pulled in many different directions which sometimes leaves little time for them to devote to their relationship. This multi-purpose program provides enrichment opportunities through a series of half-day workshops. Each session is presented by a marriage and family therapist or licensed mental health counselor.

### Session 1 - Family of Origins

Discover ways your marriage commitment is influenced by experiences you had growing up in your family; identify how your relationship with parents and siblings play a role in the way you establish and maintain attachments. Become aware of the impact former relationship problems can have on your marriage. Learn from the past...and let the past work for you. You will have a better understanding and appreciation of how relationships and experiences from the past can contribute to the present by enhancing your marriage.

### Session 2 - Communication

This workshop will help couples identify obstacles to and enhancers of effective communication. Learn how to problem solve and communicate in an affirming and loving way and identify styles of communication that go toward compatibility and incompatibility. Discover practical pathways to effective problem solving, identify the basic languages in which couples communicate, and improve listening skills.

### Session 3 – The Many Moods of Marriage

Navigating through the “many moods of marriage” can be a major challenge that all couples face. Learn more about commitment, intimacy, trust and other obstacles that can affect a marital relationship. This session will focus on ways to strengthen and enrich marriage and avoid the possible pitfalls that can cause conflict.

### Session 4 - Blended Families

Many tasks are needed for a successful integration and blending of two families into one. This workshop addresses: myths and legends about stepparents, starting and establishing rituals and traditions as a new family unit, overcoming loyalty issues, co-parenting, and discipline strategies. The Brady Bunch is only a TV show. The real thing takes planning, understanding, and hard work.

## 2025 Dates & Application Deadlines

### Session 1

January	11	Deadline	1/2/25
June	14	Deadline	6/2/25
September	13	Deadline	9/2/25

### Session 2

January	25	Deadline	1/13/25
June	28	Deadline	6/16/25
September	27	Deadline	9/15/25

### Session 3

February	8	Deadline	1/27/25
July	12	Deadline	6/30/25
October	11	Deadline	9/29/25

### Session 4

February	22	Deadline	2/10/25
July	26	Deadline	7/14/25
October	25	Deadline	10/13/25

## Office of Marriage & Family Life

*E-mail is the best way to contact us*

***E-mail: deb@dosp.org***

***Phone: 727 – 341 – 6847***

***8:30 to 5:00 - Mon. thru Fri.***

### How do we sign up?

Apply online by going to:

<https://www.dosp.org/enrichment-application/>

**Note:** After completing the application, you will be directed to another site for online payment.

### How do we know if we're confirmed?

Once your application is processed, a confirmation letter will be emailed to each provided address. This is usually done within a few days of your paperwork being submitted. \*

The confirmation letter will:

- ◆ acknowledge the sessions for which you are registered
- ◆ give the address where the program is held
- ◆ provide other pertinent details

\*If you don't have confirmation within 2 weeks of submitting your paperwork, contact us but before doing so...check your **Junk Mail folder**.

## Application Details

- ◆ Apply for any/all session(s) you prefer.
- ◆ Sessions can be taken in any order.
- ◆ Those with minor/dependent children from a previous relationship may find Session 4 helpful as they navigate blended families and co-parenting.
- ◆ ***While we absolutely love children, regardless of age and/or circumstances we are unable to accommodate them during any session of the program. Please make arrangements for their care while you're with us.***